

MAY 2023

Intermediate School Menu

Monday

Tuesday

Wednesday

Thursday

Friday

***Stromboli**
Broccoli
Assorted Fruit

***Cheesy Calzones**
***PBJ Uncrustable**

***Chicken Nuggets w/ Roll**
Steamed Carrots
Fresh Fruit

***Yogurt Munchable**
***PBJ Uncrustable**

***Teriyaki Meatballs**
w/ Veggie Fried Rice
Steamed Mixed Veggies
Assorted Fruit
***Chef Salad w/ WG Roll**
***PBJ Uncrustable**

Star Wars Day
***HAM Solo & Cheese**
Pretzel Sandwich
Millennium Falcon
Mandalorian Oranges
***Yoda Munchable**
***C-3PB&J Uncrustable**

Cinco de Mayo
School Lunch Hero Day

***Assorted Pizza**
Black Bean Salsa
Assorted Fruit
***Cook's Choice**
***PBJ Uncrustable**



***Grilled Cheese**
Tomato Soup & Goldfish
Steamed Peas
Assorted Fruit
***Yogurt Munchable**
***PBJ Uncrustable**

***Chicken Patty Sandwich**
Baked Beans
Fresh Fruit
***Hamburger on WG Bun**
***PBJ Uncrustable**

***Rocket Cold-Cut Sub**
WG Chips
Assorted Veggies w/ Dip
Assorted Fruit
***Grilled Chicken Salad w/ Roll**
***PBJ Uncrustable**

***BBQ Pulled Pork Sandwich**
Broccoli
Coleslaw
Fresh Fruit
***Hamburger on WG Bun**
***PBJ Uncrustable**

***Assorted Pizza**
Seasoned Mixed Veggies
Assorted Fruit
***Cook's Choice**
***PBJ Uncrustable**

***Mozzarella Cheese Sticks w/ Marinara**
Steamed Carrots
Assorted Fruit
***Yogurt Munchable**
***PBJ Uncrustable**

***Beef Tacos**
Seasoned local PA beef w/ choice of fixins
Texas Style Pinto Beans
Fresh Fruit
***Cook's Choice**
***PBJ Uncrustable**

***Chicken Tenders**
w/ Soft Pretzel
Baked Fries
Assorted Fruit
***Chef Salad w/ WG Roll**
***PBJ Uncrustable**

***Pot Pie w/ WG Funnel Cake**
Rocket Salad w/ Dressing
Fresh Fruit
***Cook's Choice**
***PBJ Uncrustable**

***Assorted Pizza**
Steamed Mixed Veggies
Assorted Fruit
***Cook's Choice**
***PBJ Uncrustable**

***Fish Sticks**
w/ Macaroni & Cheese
Green Beans
Assorted Fruit
***Pizza Munchable**
***PBJ Uncrustable**

Brunch for Lunch
***French Toast Sticks**
w/ Sausage
Tater Tots
Fresh Fruit
***Pizza Munchable**
***PBJ Uncrustable**

National Asparagus Day
***Corn Dog**
Asparagus
PA Harvest of the Month Item
Assorted Fruit
***Grilled Chicken Salad w/ Roll**
***PBJ Uncrustable**

***Johnny Marzetti w/ Roll**
Carrots
Fresh Fruit
***Pizza Munchable**
***PBJ Uncrustable**

***Assorted Pizza**
Mixed Veggies
Assorted Fruit
***Cook's Choice**
***PBJ Uncrustable**

No School

***Hot Dog on Bun**
Baked Fries
Assorted Fruit

***Cook's Choice**
***PBJ Uncrustable**

***Cook's Choice**
Assorted Veggies
Assorted Fruit
***PBJ Uncrustable**

Tuesday June 1st

Early Dismissal/Last Day of School!

No Lunch- Breakfast *will* be served**Happy Summer!**MY
SCHOOL
BUCKS

PAY FOR MEALS ONLINE

MySchoolBucks.com

Free & Reduced Meal Applications are
available on the
district website or at www.compass.state.pa.us

***Choice of milk:**
low-fat white, chocolate and nonfat straw-
berry & vanilla when available
***Fresh, Crunchy veggies available everyday**
along with menued veggie*

***Universal Free* Breakfast Menu:**

Monday: Whole-Grain Muffin Variety of cold options available daily

Tuesday: Whole-Grain Pastry

Wednesday: French Toast Sticks

Choice of fruit, 100% juice and/or milk

Thursday: Whole-Grain Pastry

#FuelUpRockets

Friday: Breakfast Egg & Meat Sandwich